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In Silico Analysis and Molecular Docking Studies of Alzheimer's Disease **Biomarkers Using Kaempferol**

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Alzheimer's disease, Kaempferol, Antineurotoxic, Antioxidant, Molecular Docking, **Binding Energy**

ABSTRACT

Kaempferol is a flavonoid which is present in many fruits and vegetables. It has various health benefits due to its anti neurotoxic and antioxidant role. The current research explores the possible reasons and mechanisms for its neurotoxic activity through the procedure of molecular docking. Molecular docking was performed using the molecular modeling software "auto dock". The studies were done to evaluate the binding affinity characteristics of kaempferol with the proteins associated with Alzheimer's disease (AD) Amyloid beta 42(Aβ42) and tau, antioxidant markers such as Superoxide dismutase (SOD), Catalase (CAT), Glutathione S transferase (GST), and pro-inflammatory markers like tumor necrosis factor alpha (TNF-α) and Interleukin-6 (IL-6), in an attempt to understand the mechanism of action of kaempferol. The docking energy and hydrogen bonds were tabulated. Docking Scores indicated the application of kaempferol as a potential, natural therapeutic agent for the Alzheimer's disease (AD).

Introduction

Flavonoids are large family of biological polyphenolic plant compounds that are present in various vegetables and fruits. Flavonoids are classified into six major subclasses such as flavon-3-ols, flavonols, flavanones. flavones and isoflavones (Kumar et al., 2007). Studies have reported that flavonoids are potent anti-oxidant and anti-inflammatory substances. The general intake of flavonoids in the daily diet should be around 1-2g/day (Durga et al., 2014)

Kaempferol is a member of flavonol subclass of flavonoids, which is commonly present in tea, broccoli, grapefruit, and apple and is said to have strong anti-oxidant and anti-inflammatory properties (Zuk et al., 2011). Kaempferol has a structure of diphenyl propane and is synthesized by the condensation of 4-coumaroyl-COA with three molecules of malonylCOA (Brenda Winkel-Shirley., 2002). Kaempferol has anti-oxidant, anti-cancer, anti-inflammatory

and anti-microbial activities. Consumption of kaempferol rich foods can reduce the risk factors of cardiovascular diseases and cancers. *In vitro* and *in vivo studies* suggested that kaempferol can be used to treat diseases such as neurodegenerative diseases, diabetes, allergies and inflammatory disorders (Calderon *et al.*, 2011).

The Blood-Brain-Barrier (BBB), also known as neurovascular unit, is a complex gateway that regulates the movement of molecules and cells between the blood and central nervous system (CNS). The BBB consists of endothelial cells that are inter-related to one another through multiprotein tight junction (TJ) complexes (Abbott *et al.*, 2002). Previous studies demonstrate that Kaempferol has the ability to cross the BBB (Kuresh *et al.*, 2004).

Kaempferol has a neuro protective effect and it is associated with the capacity to reduce the metalloproteinase activation. It is used to prevent protein nitro-tyrosines accumulation and protect against cell death which is caused by oxidative stress (Lopez et al., 2007). Kaempferol has efficiently blocked the increasing reactive oxygen species (ROS) related to the oxidative stress glutamate in the mouse caused by hippocampal cell line HT-22 (Giuseppe et al., 2010). Administration of kaempferol gave an efficient protection against NPAinduced neurodegeneration in wistar rats (Brouillet et al., 2005).

The human brain is highly functional. The left hemisphere is responsible for language and motor control and the right hemisphere is responsible for visuospatial and attentional function (Todd *et al.*, 2012). The basic functional unit of the brain is the neurons. They are the information processing cells in the brain. Neurons are of

different types which also differ in their size, shape and function. Neurons connect with other neurons to form a network. The mature human brain consists of more than 100 billion neurons (Joan *et al.*, 2010). Neurodegenerative disease like Parkinson's, Alzheimer's and Huntington's disease have the progressive loss of the structure and function of neurons. Such diseases are incurable and results in neuronal cell death (Johannes *et al.*, 2013).

Alzheimer's disease (AD) is a chronic neurodegenerative disease that usually starts slowly and worsens over time (Awanish et al., 2015). Accumulation of amyloid beta protein 40, 42 and tau protein are the major reasons for AD (John et al., 2002). Amyloid Precursor Protein (APP) is a family of type I membrane protein. It is abundantly expressed in the brain. APP generates the beta amyloid peptides (Huizheng et al., 2006). Amyloid beta 42 (Aβ42) plays an important role in the formation of plaques in the brain. The AB42 residue contains a significant amount of isomerized and racemized aspartyl residues predominate in dense plaques (Alex et al., 1993). In Alzheimer's Aβ42 production will be increased when compared to the less aggregation prone Aβ40 isoform (Martin et al., 2010). Tau proteins belong to the family of the microtubule associated proteins. They are found in neurons and it is important to form a network of neuronal microtubules (Luc bee et al., 2000) (Fig 1).

In this context, insilco investigations continue to be a great promise for evaluating the interaction energies between a known compound and a target ligand. In view of the above, the present study merits in evaluating the potential role of kaempferol as an antineurotoxic agent based on the binding pattern, hydrogen bond formation and energy values.

Materials and Methods

UNIPROT

The Universal Protein Resource (UniProt) is a free accessible database. It contains a wide range of information about protein sequence and annotation data (www.uniprot.org).

The primary sequence of amyloid beta 42 (A β 42) (P05067), tau protein (P10636), antioxidant proteins such as Superoxide dismutase (SOD) (P00441), Catalase (CAT) (P04040), Glutathione S-transferase (GST) (P09211), anti-inflammatory proteins such as Tumor necrosis factor (TNF α) (P01375) and Interleukin 6 (IL-6) (P05231) were retrieved from UniProt

Protein Structure Preparation

Structures of *Homo sapiens* brain amyloid beta 42 (A β 42), tau protein, antioxidant protein such as Superoxide dismutase (SOD), Catalase (CAT), Glutathione Stransferase(GST), Anti-inflammatory protein such as tumor necrosis factor (TNF α) and Interleukin 6 (IL-6) were retrieved from the database Protein Data Bank (http://www.rcsb.org/pdb).

The proteins were prepared by deleting the water molecules. The PDB ID of A β 42, tau protein, SOD, CAT, GST, TNF α , IL-6 are as follows 1MWP, 4FL5, 1AP5, 1F4J, 1TNF, 1ALU.

PUBCHEM

PubChem is a free accessible database which contains about chemical molecules and their activities against biological assays. It is maintained by National Centre for Biotechnology Information (NCBI) (https://pubchem.ncbi.nlm.nih.gov/)

ACD/CHEMSKETCH

ACD/Chemsketch is the powerful chemical drawing and graphics package from ACD/Labs software, which will draw molecular structures, reactions and calculate chemical properties very quickly and easily. The three-dimensional structures of carbazole alkaloids were drawn by chem sketch.

OPEN BABEL

Open Babel is a software used to interconvert chemical file formats. It's an open collaborative project allows to search, convert, analyze or store data.

Ligand Structure Preparation

In this study for the ligand kaempferol the 2D structure and chemical formula were obtained from PubChem. The PubChem ID of kaempferol is 5280863. The structure of kaempferol was drawn using chem sketch software (chemically intelligent drawing interface freeware). This was followed by ligand construction using chem sketch draw mode. 3D structure optimization were computed and finally, the ligand was saved in "MOL" file format and then "MOL" file was converted to "PDB" format using open babel molecular converter. The protein and ligand files which are prepared were then taken for docking.

Docking Methodology

The binding mode and interaction of $A\beta$ 42, Tau protein, SOD, GST, CAT, TNF α and IL-6 with kaempferol were studied using software "AutoDock". Docking calculation in auto dock was performed using refined protein and desired ligand in "PDB" format. The torsion parameter was analyzed and finally, the ligand structure was saved as

"PDBQT" file format. The Grid box size (126*126*126) was set and saved as "GPF" file format. This was followed by docking calculation which involves search parameter and genetic algorithm. Then the file was saved as "DPF" file format. The interaction between protein and ligands are shown and ligand conformation was retained (Fig5 and 6).

PYMOL

Pymol is an open source tool to visualize molecules available from (www.pymol.org). It runs on windows, Linux and MacOS. It has excellent capabilities in creating high-quality images from 3D structures.

Visualization and analyzing docking results

Once the target ligand was docked against all proteins of interest the results were visualized for all interactions, binding energy, H-bond formation and few other parameters using "PYMOL" software.

Results and Discussion

In the current research, the possible antineurotoxicity properties of the ligand kaempferol were explored by interpretation of the mechanism of its action by molecular docking studies, which was achieved by insilco method, using "AutoDock" software tool (Fig 2a & 2b).

The structure-function relationship of kaempferol was investigated to gain the knowledge of its biological activity against the target proteins such as A β 42, tau, SOD, CAT, GST, TNF- α and IL-6 using the 3D structure of the protein retrieved from the PDB database (Fig 3and Fig 4).The ligand properties are tabulated in the (Table 1). The

docking score demonstrates the binding energy between the protein and the selected compound. Interpretation of the pattern of binding between the target protein and ligand recommended that the binding pattern diversed with the protein character (Durga *et al.*, 2016)

Evaluation, of the pattern of binding between the target protein and ligand, suggested that the binding pattern varied with the protein nature. This was explored based on our observation that kaempferol interacted with protein AB 42, with its amino acids Val⁴⁷, Glu⁷⁹, Arg¹⁰² (Fig 5a) with amino acids Asn⁵⁰, Val⁵¹, Tyr¹⁸, Asp²¹, Arg¹⁸ (Fig 5b) and antioxidant enzyme SOD with its amino acids Thr¹⁹⁰,Gly⁸⁶, Lys⁹⁰, Asn⁸⁴ (Fig 6a) while with CAT amino acids at Ser⁵³⁸, Ser⁹⁶, His^{324,} Ile³³⁰ and Arg113 (Fig 6b), and with GST amino acid Gly⁹⁵,Leu⁹⁹,Gln¹²⁵,Lys⁴⁴,Ala⁴⁵ (Fig 7a) alone. For the anti-inflammatory protein TNF-α binding of kaempferol was visible at amino acid residues Gln²⁵, Ala¹³⁴, Ile¹³⁶, Asn⁴⁶ (Fig 7b) Whereas For IL-6 Binding Was Observed At Arg¹⁶⁸, Leu⁶⁴, pro⁶⁵, Ser¹⁷⁶, Met⁶⁷respectively (Fig 7c).

These docking data are revealed that ligand kaempferol interacts with target proteins at various amino acid residues and the mechanism of binding pattern differs from protein to protein. The binding nature of the kaempferol was further evident by the number of hydrogen bonds formed between the ligand and target protein (Table 2). Neurotoxic parameters such as Aβ42 and tau formed 2 hydrogen bonds each respectively. Whereas, antioxidant enzymes such as SOD, CAT, and GST formed 2, 1 and 2 hydrogen bonds respectively. In contrast to this, the anti-inflammatory cytokines formed 3(TNFα) and 2(IL-6) hydrogen bonds with the ligand kaempferol.

Fig.1 Alzheimer's disease pathology (http://www.shehjar.com)

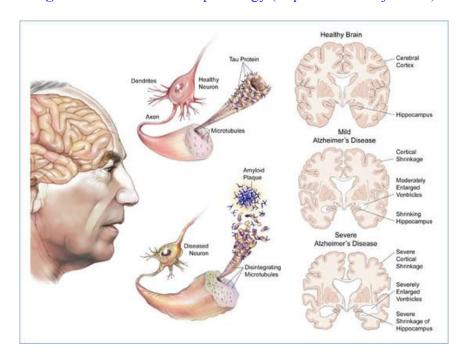


Fig.2 (a & b) 2D and 3D structures of ligand molecule (Kaempferol)

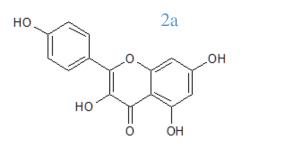
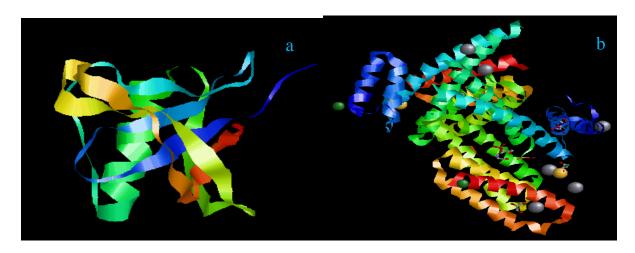




Fig.3 Structure of target protein molecules. 'a' represents Aβ42, 'b' represents tau, 'c' represents antioxidant SOD and 'd' represents antioxidant CAT



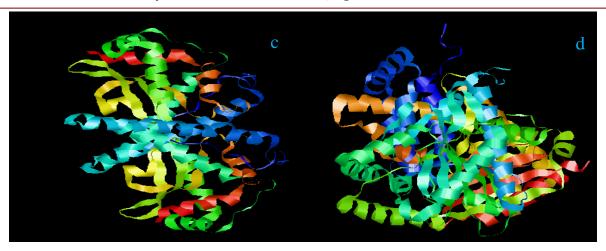


Fig.4 Structure of target protein molecules. 'a' represents GST, 'b' represents TNF- α and 'c' represents IL-6

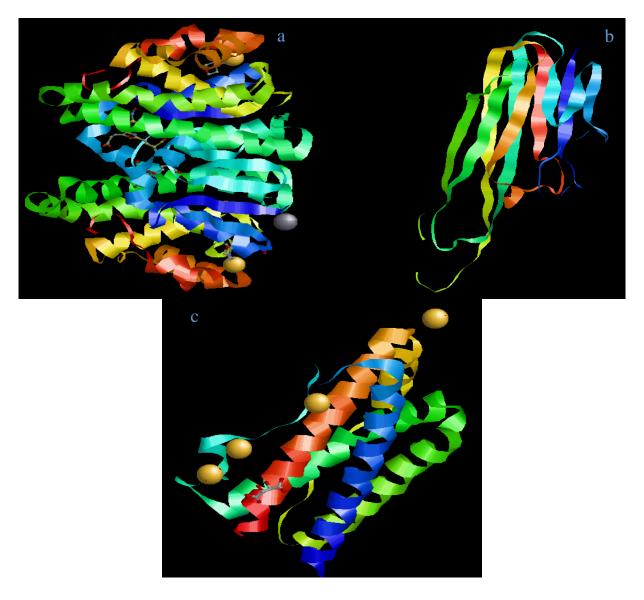


Fig.5 (a & b) Binding pattern of ligand molecule (kaempferol) with target proteins 'a' represents 'Aβ42' and 'b' represents 'tau'

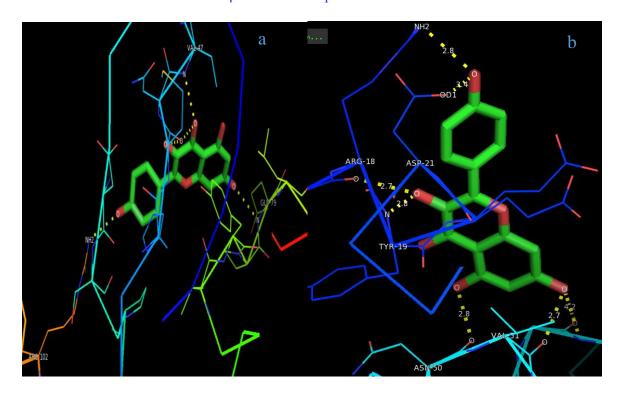


Fig.6 (a & b) Binding pattern of ligand molecule (kaempferol) with target anti-oxidant proteins. 'c' represents 'SOD' and 'd' represents 'CAT'

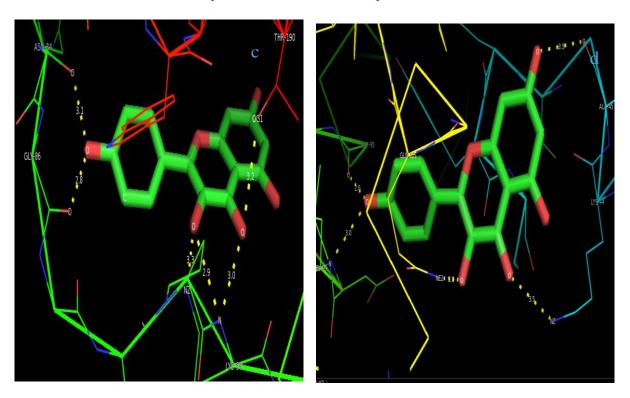


Fig.7 (a, b & c) Binding pattern of ligand molecule (kaempferol) with proteins. 'a' represents 'GST', 'b' represents 'TNF α ', 'c' represents 'IL-6'

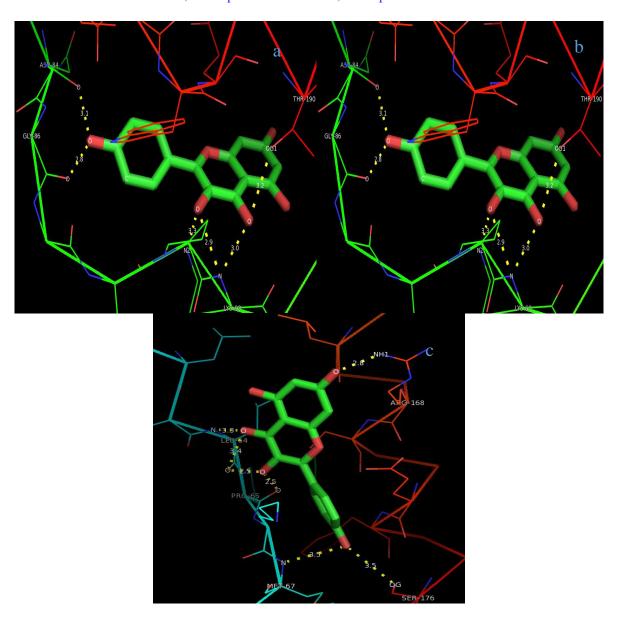


Table.1 Kaempferol compound details

Name of	Alternative	Molecula	Molecular	H-Bond	H-Bond	description
the	name	r weight	formula	donor	acceptor	
compound						
Kaempferol	Kaempferol;	286.239 g/	C15H10O	4	6	Kaempferol is a
	Kaempherol;	mol	6			natural flavonol, a
	Kaempferol;					type of flavonoid
	Populnetin;					widely present in all
	Rhamnolutein					plants

Table.2 Docking score and number of hydrogen bonds formed between the proteins and kaempferol compound

S. No	PROTEINS	KEY RESIDUES	DOCKING ENERGY (Kcal/Mol)	H-BOND
1	Αβ42	Val ⁴⁷ ,Glu ⁷⁹ , Arg ¹⁰²	-7.48	2
2	TAU	Asn ^{50,} Val ^{51,} Tyr ¹⁸ ,Asp ^{21,} Arg ¹⁸	-8.40	2
3	SOD	Thr ^{190,} Gly ^{86,} Lys ^{90,} Asn ⁸⁴	-6.89	2
4	CAT	Ser ⁵³⁸ , Ser ⁹⁶ , His ³²⁴ , Ile ³³⁰	-9.05	1
5	GST	Gly ⁹⁵ ,Leu ⁹⁹ ,Gln ¹²⁵ ,Lys ⁴⁴ ,Ala ⁴⁵	-7.99	2
6	TNF-α	Gln ²⁵ , Ala ¹³⁴ , Ile ¹³⁶ , Asn ⁴⁶	-6.77	3
7	IL-6	Arg ¹⁶⁸ , Leu ⁶⁴ , pro ⁶⁵ , Ser ¹⁷⁶ , Met ⁶⁷	-7.93	2

In correspondence to the above data the docking score was measured and viewed considering the electrostatic and steric properties. The data showed that the binding pattern differs with the protein and thus also influences the docking score value. Higher fitness score of -6.89 and -7.99 were observed for the antioxidant enzymes SOD and GST. In contrast to this fitness score of -7.48 and -8.4 were observed for the Aβ42 and tau proteins. The fitness score of CAT were observed as -7.52. Whereas for TNF- α and IL-6 the fitness score of -6.77 and -7.93 were observed. Thus based upon docking studies, kaempferol can be used as a potential anti-neurotoxic agent.

In the current study, different target proteins were docked with the ligand (kaempferol) to study the mechanism of ligand interaction and binding energy. The docking score of kaempferol was calculated using "autodock" software. Though the pattern of binding between the ligand and each protein varied, docking scores indicate that kaempferol has potential anti-neurotoxic effect.

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